









30-DAY CHALLENGE | ADVANCED

DAY 1

Compare the best and worst gifts you've received

DAY 2

Complete 3
Mauril units
in a row

DAY 3

Find synonyms for a word of your choice DAY 4

Describe your workplace in detail

DAY 5

Listen to a song and write down a verse

DAY 6

Read your horoscope

DAY 7

Add 5 new words to 'My Words' on Mauril DAY 8

Create a weekly language meet-up

DAY 9

Call the library and ask about activities

DAY 10

Write a review of the last movie you watched

DAY 11

Read the subtitles on a Mauril video

DAY 12

Describe your morning routine in detail

DAY 13

Read a news article and note 3 new words

DAY 14

Listen to a new podcast

DAY 15

Make up a conversation between two people

DAY 16

Compare 2 videos that you watched on Mauril **DAY 17**

Read 3 job postings that interest you

DAY 18

Watch a movie and describe the plot

DAY 19

Read reviews of a product you might purchase **DAY 20**

Describe your favourite city in detail

DAY 21

Share the scariest thing that you've ever done

DAY 22

Read an article on the Mauril blog **DAY 23**

Prepare a budget and say the numbers out loud

DAY 24

Tell a story about a disastrous situation at work **DAY 25**

Start a new book

DAY 26

Describe your favourite video on Mauril

DAY 27

Join a club related to your hobby

DAY 28

Write the story of how you met a good friend

DAY 29

Compare 2 places in nature

DAY 30

Write about a happy childhood memory